

Curriculum Vitae

Date Prepared: February 2025
Name: Katherine Kitchens, Ph.D., LMSW
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Education

Year	Degree	Field of Study	Institution
May 1994	Bachelor of Arts (BA)	Political Philosophy	University of Dallas Constantin College of Liberal Arts Irving, Texas
August 2022	Master of Social Work (MSW)	Community and Administrative Practice GPA: 4.0	University of Texas at Arlington School of Social Work Arlington, Texas
December 2024	Doctor of Philosophy (PhD)	Dissertation: <i>Enhancing cognitive assessment for forcibly displaced populations: An integrated theoretical, methodological, and empirical investigation</i> Chair: Diane B. Mitschke, Ph.D., LMSW Defense Date: November 18, 2024 GPA: 4.0	University of Texas at Arlington School of Social Work Arlington, Texas

Current Licensure and Certification

Licensure

Texas Board of Social Work Examiners, Licensed Master Social Worker (valid through August 2025)

Certification

Montreal Cognitive Assessment (MoCA), Certified Rater

Honors and Awards

Year	Name of Honor/Award	Awarding Organization
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2021	Outstanding Student Activist (Awarded Spring 2021 and Summer 2021)	University of Texas at Arlington School of Social Work Graduate Student Leadership Program
2021	Outstanding Foundation Field Student	University of Texas at Arlington School of Social Work
2021	Roy and Betty Dulak Endowed Scholarship (\$3,000) (Awarded Spring 2021, Summer 2021, and Fall 2021)	University of Texas at Arlington School of Social Work
2021	Policy Brief Award	University of Texas at Arlington School of Social Work SPEAK Program
2021- 2022	Outstanding MSW Student Community and Administrative Practice Concentration (Awarded Fall 2021, Spring 2022, & Summer 2022)	University of Texas at Arlington School of Social Work
2022	Outstanding Graduate Research Assistant (Awarded Spring 2022 & Summer 2022)	University of Texas at Arlington School of Social Work
2022- 2024	Dean's Fellowship (\$5,000)	University of Texas at Arlington School of Social Work
2023	Leadership Development Scholarship	University of Texas at Arlington Follett Student Leadership Center
2024	Graduate Fellowship (\$14,500)	National Institute for Transportation and Communities (NITC)

Faculty Academic Appointments

Year(s)	Academic Title	Department	Academic Institution
2024- present	Assistant Instructor	Social and Behavioral Sciences	University of Texas Southwestern Medical Center, Peter O'Donnell Jr. School of Public Health

Other Professional Positions

Year(s)	Position Title	Institution
2022-present	Social Worker (LMSW)	Agape Clinic, Dallas, Texas

Committee Service

Year(s)	Name of Committee	Institution/Organization
<u>University of Texas at Arlington</u>		
2020-2021	Bachelor of Social Work and Foundation Curriculum Committee	School of Social Work

2021-2022	Community and Administrative Practice Curriculum Committee	School of Social Work
2022-2023	Executive Committee	School of Social Work
2023	Ad Hoc Committee on Artificial Intelligence	School of Social Work
2024	Associate Dean of Research Search Committee	School of Social Work

Professional Societies

Year(s)	National Societies and Associations
2021-present	National Association of Social Workers (NASW)
2021-2022	Association for Community Organization & Social Action (ACOSA)
2022-present	Society for Social Work Research (SSWR)
2022-2023	Council on Social Work Education
2023-present	Association for Gerontology Education in Social Work (AGESW)
2024-present	Gerontological Society of America (GSA)
2024-present	Alzheimer’s Association International Society to Advance Alzheimer’s Research and Treatment (ISTART)
	Interest Groups
2023-present	Immigrant and Refugee Studies Special Interest Group (SSWR)
2023-present	Immigrant and Refugee Research Network
	Honor Societies
2020-present	Phi Alpha, Iota Chapter, University of Texas at Arlington
2020-present	Phi Kappa Phi, Chapter 300, University of Texas at Arlington

Editorial Activities

Year(s)	Journal Name
<u>Peer Reviewer</u>	
2023	<i>Journal of Immigrant and Refugee Studies</i>
2023	<i>Journal of Racial and Ethnic Health Disparities</i>
2024	<i>Journal of Policy Practice and Research</i>
2024	<i>BMC – Public Health</i>

Year(s)	Conference Name, Track(s)
<u>Peer Reviewer</u>	
2023	Academy Health, Annual Research Meeting <i>Social Determinants of Health</i>
2024	Council on Social Work Education, 70 th Annual Program Meeting <i>Immigrants, Refugees, and Displaced Populations</i> <i>Ageing and Gerontology</i>

2025	Society for Social Work Research, 29 th Annual Conference <i>Mental Health and Substance Use</i>
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Grant Support

<i>Past</i>	
2021-2022	Grantor: University of Wisconsin; Robert Wood Johnson Foundation
	Title: Unincorporated areas and racial health disparities
	Role: Research Assistant
2022-2023	Grantor: Patient-Centered Outcomes Research Institute (PCORI)
	Title: Youth and family behavioral health service priorities: Identifying outcomes that matter
	Role: Research Assistant
2021-2022	Grantor: National Institute for Transportation and Communities (NITC)
	Title: Housing choice, transportation equity, and access to opportunities in refugee and immigrant communities
	Role: Research Assistant
2023-2024	University of Wisconsin; Robert Wood Johnson Foundation
	Title: Exploring county governance structures and styles (Unincorporation, authority, and fiscal control) as drivers of health inequities
	Role: Co-Investigator
	Amount: \$100,000

Teaching Activities

Year(s)	Activity
2023	Instructor, Social Welfare Policy and Services (SOCW 3033)
	University of Texas at Arlington, School of Social Work
2024	Tutor, Intermediate Statistics for Social Sciences (SOCW 6397)
	University of Texas at Arlington, School of Social Work

Invited Lectures

Year(s)	Title	Location
<u>Regional/Local</u>		
2023	Qualitative research methods	University of Texas at Arlington Social Work Research Methods (SOCW 3308)
2021	Policy debrief: Medicaid expansion in Texas	National Association of Social Workers-Texas Chapter (Austin)

Service to the Community

Year(s)	Role	Organization or institution
2023-present	Social Worker	Agape Clinic, Dallas, Texas
2022	Case Manager	Texas House District 105, Irving, Texas
2021-present	Policy Advocate	North Texas Food Bank, Dallas, Texas

Bibliography

Peer-Reviewed Publications

Original Research Articles

1.	Snowden, L. R., Graaf, G., Keyes, L., Kitchens, K. , Ryan, A., & Wallace, N. (2022). Did Medicaid expansion close African American-white health care disparities nationwide? A scoping review. <i>BMC Public Health</i> , 22, 1638. https://doi.org/10.1186/s12889-022-14033-8
2.	Palmer, A. N., Patel, M., Sledge, S. L., & Kitchens, K. (2023). COVID-19 impacts on youth and young adult workforce development programs: A local perspective. <i>Children and Youth Services Review</i> , 107291. https://doi.org/10.1016/j.childyouth.2023.107291
3.	Kirsch, J., Maleku, A., Kim, Y. K., Aziz, T., Dada, S., Haran, H., & Kitchens, K. (2024). The correlates of collective and individual trauma on mental health outcomes among Afghan refugees: A study of sociodemographic differences. <i>Community Mental Health Journal</i> , 60(7), 1255-1270. https://doi.org/10.1007/s10597-024-01283-6
4.	Kirsch, J., Kitchens, K. , Kerr, K., & Sivakumaran, S. (2024). Group-based intervention models in treating refugee mental health in high-income countries: A systematic review. <i>Trauma, Violence, & Abuse</i> , 25(5), 4173-4187. https://doi.org/10.1177/15248380241270039
5.	Graaf, G., Kitchens, K. , Sweeney, M., & Thomas K.C. (2024). Outcomes that matter to youth and families in behavioral health services. <i>Administration and Policy in Mental Health</i> . https://doi.org/10.1007/s10488-024-01409-8
6.	Kitchens, K. , & Graaf, G. (2024). Piloting a measure of segregation at the census tract level: Associations with place and racial/ethnic disparities in life expectancy. <i>International Journal of Environmental Research & Public Health</i> , 21(5), 613. https://doi.org/10.3390/ijerph21050613
7.	Palmer, A. L., Patel, M., Kitchens, K. , Cassano, K., & Sledge, S. L. (2024). Lessons learned: A qualitative study of service delivery and experiences in local youth workforce programs. <i>Journal of Child and Family Studies</i> , 33, 2655-2669. https://doi.org/10.1007/s10826-024-02861-8
8.	Graaf, G., Kitchens, K. , Sweeney, M., & Thomas, K. C. (2024). Behavioral health services outcomes that matter most to caregivers of children, youth, and young adults with mental health needs. <i>International Journal of Environmental Research & Public Health</i> , 21(2), 172. https://doi.org/10.3390/ijerph21020172
9.	Gomez-Vidal, C., Palmer, A. N., Kitchens, K. , Ratliff, G. A., & Graaf, G. (2024). Unincorporation in counties as a political determinant of health: An exploration of five states. <i>SSM Population Health</i> , 28:101728. https://doi.org/10.1016/j.ssmph.2024.101728

10.	Kitchens, K. , Mitschke, D. B., LaBrenz, C. A., Thomas, L. A., & Robinson, E. D. (2025). Teaching note-Connections tutoring lab: Peer-led support in a virtual environment. <i>Journal of Social Work Education</i> , 1-6. https://doi.org/10.1080/10437797.2024.2410801
11.	Kitchens, K. & Kim, Y, (2025). The role of education and English proficiency in cognitive health among older refugee populations in the United States. <i>Journal of Gerontological Social Work</i> , 68(1), 107-122. https://doi.org/10.1080/01634372.2024.2421303
12.	Kitchens, K. , Sesay, B., Fields, N., Stingfellow, M., & Mitschke, D. B. (2025). What is the state of the literature about refugees aged 45 and older from Burma in third-country resettlement contexts?: A scoping review. <i>The Gerontologist</i> , https://doi.org/10.1093/geront/gnaf034
13.	Kitchens, K. , Fields, N., & Mitschke, D. B. (Accepted). Reevaluating locus of control among older Karen refugees in long-term resettlement: An interpretative phenomenological analysis. <i>The Gerontologist</i> .

Proceedings of Meetings

1.	Kitchens, K. (2024, December 31). English proficiency, immigration status, and cognitive assessment variability in older adults. <i>Innovation in Aging</i> , 8(Suppl 1), 641-642. https://doi.org/10.1093/geroni/igae098.2099
2.	Kitchens, K. , & Kirsch, J. (2024, December 31). Socioeconomic status and cognitive difficulty: Diminished returns among older Bhutanese refugees in the US. <i>Innovation in Aging</i> , 8(Suppl 1), 238. https://doi.org/10.1093/geroni/igae098.0769
3.	Fields, N., Kitchens, K. , & Mitschke, D. (2024, December 31). Re-evaluating locus of control among older Karen refugees in long-term resettlement. <i>Innovation in Aging</i> , 8(Suppl 1), 237-238. https://doi.org/10.1093/geroni/igae098.0767

Conference Presentations

4.	Ratliff, G. A., Gomez-Vidal, C., Kitchens, K. , Dzimbiri, M. N., Palmer, A., & Graaf, G. (2022, November). Developing political indices for evaluating health disparities in unincorporated communities [Paper Presentation]. Annual Meeting of the American Public Health Association, Boston, MA.
5.	Palmer, A. N., Sledge, S., Patel, M., Kitchens, K. , & Cassano, K. (2023, January). Exploring local implementation contexts of youth workforce development programs: Provider and young adult perspectives [Paper Presentation]. Annual Conference of the Society for Social Work Research, Phoenix, AZ.
6.	Palmer, A. N., Patel, M., Kitchens, K. , Cassano, K., & Sledge, S. (2023, January). COVID-18 impacts on youth and young adult workforce development programs [Poster Presentation]. Annual Conference of the Society for Social Work Research, Phoenix, AZ.
7.	Kitchens, K. , & Mitschke, D. M. (2023, October 29). Length of time post-resettlement as a factor predicting somatic idioms of distress in resettled Karen refugees from Burma: A retrospective chart review [Paper Presentation]. Annual Program Meeting of the Council on Social Work Education, Atlanta, GA.
8.	Gomez-Vidal, C., Ratliff, G. A., Kitchens, K. , Palmer, A., & Graaf, G. (2023, November) Understanding incorporation as a contextual driver of health environments [Paper Presentation]. Annual Meeting of the American Public Health Association, Atlanta, GA.

9.	Ratliff, G. A., Graaf, G. Akesson, B., & Kitchens, K. (2024, January 13). Research methods for engaging place in social work research [Workshop]. Annual Conference of the Society for Social Work Research, Washington D.C.
10.	Kitchens, K. , Mitschke, D. M., & Nordberg, A. (2024, January 11). Balancing priorities: Navigating cost and affordability in the secondary relocation decisions of immigrants and resettled refugees [Paper Presentation]. Annual Conference of the Society for Social Work Research, Washington D.C.
11.	Kitchens, K. , & Faizal, M. (2024, January 12). The relational home: Factors associated with feeling at home among stateless Rohingya refugees in Bangladesh [Paper Presentation]. Annual Conference of the Society for Social Work Research, Washington D.C.
12.	Kitchens, K. , & Kirsch, J. (2024, November 14). Socioeconomic status among older resettled refugees in the United States: Older Bhutanese refugees diminished returns on cognitive health [Oral Presentation]. Annual Scientific Meeting of the Gerontological Society of America, Seattle, WA.
13.	Kitchens, K. (2024, November 16). English proficiency, immigration status, and cognitive assessment variability in older adults [Oral Presentation]. Annual Scientific Meeting of the Gerontological Society of America, Seattle, WA.
14.	Spadola, C., Kirsch, J., Kerr, K., Parikh, K., & Kitchens, K. (2025, January 17). Addressing sleep health among refugees: Results of a systematic review [Poster Presentation]. Annual Conference of the Society for Social Work Research, Seattle, WA.
15.	Gomez-Vidal, C., Kitchens, K. , Ratliff, G. A., Graaf, G., & Palmer, A. (2025, January 17). Governance and health in unincorporated areas: A qualitative study on county-level challenges in Texas and California [Poster Presentation]. Annual Conference of the Society for Social Work Research, Seattle, WA.
16.	Kitchens, K. , & Nordberg, A. (2025, January 18). Community engagement in the cultural adaptation of standardized instruments among forcibly displaced populations: A scoping review [Poster Presentation]. Annual Conference of the Society for Social Work Research, Seattle, WA.
17.	Kitchens, K. , Bervik, A., & Mitschke, D. (2025, January 16). Resettlement stress among emerging and middle adult refugees from Burma: An interpretative phenomenological analysis [Paper Presentation]. Annual Conference of the Society for Social Work Research, Seattle, WA.

Non-peer reviewed scientific or medical publications/materials in print or other media

1.	Gomez-Vidal, C., Graaf, G., Kitchens, K. , Palmer, A., & Ratliff, G. A. (2022, December). Unincorporated communities and the role of boundaries and political determinants in their health and well-being: Strategies for understanding health factors and outcomes for people living outside cities [White Paper]. County Health Rankings and Roadmaps.
2.	Mitschke, D., Nordberg, A., Mattingly, S., & Kitchens, K. (2024). Housing choice, transportation equity, and access to opportunities in refugee and immigrant communities [Report]. NITC-RR-1477. Portland, OR: Transportation Research and Education Center (TREC). http://dx.doi.org/10.15760/trec.295